



FAMILY CHIROPRACTIC CENTER, INC.

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PATIENT'S INFORMED CONSENT TO TREAT

RISKS ASSOCIATED WITH SPINAL MANIPULATION

All forms of treatment carry with them some form of inherent risk. Spinal manipulation is statistically one of the safest forms of treatment available for neck and back pain. Typically some muscle soreness and /or stiffness may be experienced after initial spinal manipulation treatments. Some patients may experience a slight headache after cervical (neck) manipulation. Although still being researched, cervical manipulation in rare cases has been associated with injuries to some neck arteries, which may lead to cerebral vascular accidents (CVA) or stroke. This is a very minute risk according to research, which may be anywhere from 1:400,000 to 1:600,000. Within the chiropractic community the ratio of 1:1,000,000 is generally accepted. As a comparison the morbidity (death) rate of NSAID (non-steroid anti-inflammatory drugs such as Naproxen, Ibuprofen, Aleive, etc.) use for longer than two months is equal to 1:1,500. This is considered an acceptable risk within the medical community. If you or your family have a history of stroke please inform the doctor. If you are taking anti-coagulant medications (Cumodin, Warfarin, etc) please inform the doctor.

Fractures: When patients have underlying conditions that weaken bones, like osteoporosis, they may be susceptible to fracture. It is important to notify your chiropractor if you have been diagnosed with a bone weakening disease or condition. If your chiropractor detects any such condition while you are under care, you will be informed and your treatment plan will be modified to minimize risk of fracture.

Not only should you understand the benefits of chiropractic care in restoring and maintaining health, but also, you should be aware of the existence of some inherent risks and limitations. These are seldom enough to not contraindicate care, but they should be considered in making the decision to receive chiropractic care. All health procedures may include musculoskeletal sprain/strain, neurological deficits, osseous fracture, vertebral artery syndrome, including stroke and perhaps death through complicating factors.

BENEFITS OF SPINAL MANIPULATION

Spinal manipulation may help restore normal joint function and movement. It may reduce discomfort from headache, muscle spasm and stiffness.

ALTERNATE TREATMENT OPTIONS

Some alternative forms of treatment for neck and back pain may include acupuncture, massage, physical therapy, medications or no treatment at all. The doctor will advise you if he/she believes any of these treatments may also benefit your condition.

CONSENT OF TREATMENT

Should you choose to refuse any or all forms of treatment for your condition the doctor reserves the right to refuse to treat you. An appropriate referral may be made at that time.

By signing below you are acknowledging that you have read and understand the information contained and give your consent to treatment.

Signed: _____ Date: _____

Witness: _____